Newsletter Term 3 - Week 2



No. 11

From the Leaders

The cold hasn't stopped a great start to Semester two, although it has certainly made it hard to get out of bed during these first two weeks! It can be hard enough to get back in the swing of school after the break without the cold making it just that little bit more difficult. But the winter temperatures weren't the reason for the extra day of holidays for our students, our staff had a big day of Professional Development. BPS joined with a number of other Hills schools to focus on Wellbeing for Learning and to learn about best practice whole-site approaches for student regulation.

Regulation is the ability to notice and manage your emotions, attention and energy levels to match the demands of a situation. Bridgey is working hard to develop student skills in building an emotional vocabulary, awareness of internal body sensations (interoception) and how to regulate themselves. Some strategies being used at Bridgey include brain and movement breaks, learning about and using Zones of Regulation charts and strategies to calm or energise to be ready to learn.

Our goal is to create a safe, nurturing and engaging environment for all our students to thrive in; socially, emotionally and academically. We are working together as a staff to develop a whole school, consistent approach for our students to learn and apply regulation skills and strategies. This is also an opportunity to fine tune a range of whole school 'ways of doing things' and we are seeking feedback, input and critique from our students and families about what is 'The Bridgey Way'.

Each class already has a retreat/regulation space and we are delighted to have won a \$12,450 grant to help transform the Amphitheatre too!

New Soccer Goals

Winter weekends for many of our families are jam packed full of winter sport! We have strong links with our local sporting clubs and were delighted to partner with the Bridgewater Junior Soccer Club to purchase some brilliant new goals! Pete McLean braved the cold, wet weather to collect and assemble the goals over the holidays and they were a welcome sight for soccer fans and players when school started this term! The U8/9 sized goals are of great quality and will be a feature on match days, soccer practice and playtimes for years to come! Our Student Parliament has been asking for soccer goals for a while, so what better use of Jonah's Governor's Civics Award prize money!

Keep up with all the happenings at the Soccer club here:

https://www.facebook.com/bridgeysoccer

Knockout Soccer Competition

See page four for the full match report by Liam, Superstar Coach of the BPS Knockout Soccer Team.



BRIDGEWATER

Quiz Night Fundraiser

The Quiz Night is imminent and there are plenty of amazing prizes up for grabs! (The BPS Staff team are quietly confident of winning a few of them!) It was a fun filled night last year and we know this year's will be even bigger and better!



Once again the dedicated **Fundraising** Committee have put in a lot of hard work to make it happen and we anticipate a good amount of money to be raised. These events and the funds raised are essential to keep our Kitchen Garden program going. A large proportion of the money raised goes towards paying the salaries of our

terrific cooking and garden specialists. One of the most active and key members of the Fundraising Committee has found herself as the beneficiary of her own hard work this term. Leah is stepping into the role of kitchen specialist for five weeks this term whilst Ina is on holiday. She is already proving herself a natural and we love having her as part of the team!

Click on the link below to keep up to date with all that's happening with fundraising and BPS community events...

Bridgewater Primary School SA Fundraising | Facebook

The Hut Food Drive

Times are tough for many people and families in the Hills at the moment and there is no better organisation offering support than The Hut. The Hut reached out and supported a number of our families late last year and helped ease their financial hardship.

We are asking those who can to help The Hut help those in need this winter. There is a basket for collecting food stuffs for their Winter Food Drive and help fill their Community Food Pantry. Any non-perishable items are welcome. Please drop your donations into the basket by Mr Jude's door in the Front Office.



DIARY DATES Term 3 - 2024

| WEEK 3 | |
|------------|---|
| Tues 6/8 | Governing Council 7pm |
| Thur 8/8 | Reader's Cup Performance in Gym 6pm (BPS hosting) |
| WEEK 4 | |
| Tues 13/8 | Knockout Soccer @ Campbelltown |
| Wed 14/8 | Author Adam Cece visiting |
| Sat 17/8 | QUIZ NIGHT FUNDRAISER |
| WEEK 5 | BOOK WEEK |
| Mon 19/8 | Choir Rehearsal 12-3:30pm |
| Tue 20/8 | Book Week Dress-up Day & Assembly |
| | Principal's Tour 5:30pm |
| WEEK 6 | |
| Fri 30/8 | SACA Clinics pm |
| WEEK 7 | |
| Fri 6/9 | SCHOOL CLOSURE DAY Show Day - OSHC Available |
| WEEK 8 | |
| Mon/Tue? | Lightning Carnival TBC |
| Tue 10/9 | Governing Council 7pm |
| Thurs 12/9 | Festival of Music Choir Concert - 11am onwards |
| WEEK 9 | |
| Tue 17/9 | RAA - Street Smart |
| Wed 18/9 | RAA - Street Smart |
| WEEK 10 | |
| Tue 24/9 | 3 Way Chat Showcase Night |
| Fri 27/9 | Principal's Tour 9am |
| | Daggy Day & 12:15pm Early Dismissal |
| WEEK 2 | of SCHOOL HOLIDAYS |
| Tue 8/10 | Language Alive at BPS More info to follow |
| | |



Banana Dad



Banana Dad, aka Brenton our guitar teacher, performed last weekend in Stirling with his backing The Splits featuring Sonny (S1) on drums and former student Jarvis on bass. There were plenty of Bridgey kids in the audience and there was a sea of bananas rocking out to Banana Dad's rockin' tunes!





BPS Alumni

We were excited to hear our ex-student Cooper B (Chelsey S2's brother) is a member of the Australian U18 Men's Volleyball team competing in the Asian Championships in Bahrain. Go well Cooper, we are proud of you!

Kitchen Garden Program - Volunteer wanted!

We invite you to come and see what the kids do in our Kitchen and Garden classes, the life-long lessons they learn, and how this program enriches their time at BPS allowing them to thrive in other ways. This program has been an integral part of Bridgewater Primary School for many years. Do come join us!



Kitchen Sessions are held on Wednesdays Session 1 - 9:00-10:40am Session 2 11:00-12:40pm

Gardening Sessions take place on Thursdays 9:00am to 3:00pm

If you, or any of your family members, or even your neighbours, wish to volunteer or possible donate items or excess produce, pleas e contact the school on 8339 1600 or email dl.0636.info@schools.sa.edu.au.





Year 5/6 Knockout Soccer

Match Report by Liam Bucco

Match Report: BPS KO Soccer Team Shines!

After having to reschedule our games due to bad weather, the BPS KO Soccer Team wasn't deterred. The boys had been training hard three days a week during lunchtime, and were ready to show off their skills. Bridgewater was pitted against St. Michaels PS, Aldgate PS and Hahndorf PS, in what was clearly a tough draw.

Game 1: BPS vs. St. Michael's Lutheran PS

It didn't take long for BPS to register their first goal of the day, thanks to some beautiful link-up play from defence to attack, led by Marley, Emerson, Theodore, and Max. Max continued his goal-scoring spree, managing to score some long-range efforts too. Evan had little to do at the back and marshalled his defence with great zest, with Emerson, Marley, and Nicholas forming an impenetrable fortress, conceding only one goal. BPS emerged victorious, 4-1. Goal scorers: Max (4).

Game 2: BPS vs. Aldgate PS

Game 2 was a much tighter affair. BPS conceded early, going 1-0 down, but quickly rebounded to make it 1-1 going into halftime. A quick pep talk by Coach Liam and some tactical substitutions revitalized the team, leading to BPS scoring the next goal to make it 2-1. Sonny beautifully put the ball past the opposition keeper to score his first-ever goal. The midfield pairing of Lachie W and Theodore proved too strong for the opposition, with both boys delivering incredible passes to the speedy wingers Patrick R, Pat M, and substitutes Sonny and Cooper. BPS won 3-1. Goal scorers: Max (2), Sonny (1).

Game 3: BPS vs. Hahndorf PS

The final game was a must-see event. The BPS fans were in full swing, eager to see the boys finish the day flawlessly. The pre-game message was to keep doing the simple things well: get the ball, head up, pass and move. Known for their encouraging nature, co-captains Theodore and Max maintained this from the first whistle to the end. Hahndorf PS showed early that this wasn't going to be an easy game. The boys had to work incredibly hard to break down the opposition to get their first goal. Max netted his seventh for the day, thanks to passing from GK Evan to Nicholas and eventually to Pat M to Max. Some more tactical substitutions gave the BPS bench good minutes. Pat M went on a magical solo run, netting his first goal and BPS' second for the game. BPS won 2-0 and secured a spot in the next round of the competition.

A special mention must go to David, who was a late inclusion to the side. David really stepped up and ran hard to keep the BPS defence strong across all three games. The boys are back in training at school and will play Maitland and St. Francis of Assisi in Week 4 at Campbelltown.



BPS Knockout Soccer Team Coach: Liam Bucco